Roots of Resilience

Cultivating connection for the future



## We all need connection.

# Every community starts with small connections.

The strongest connections have **resilient roots** at heart. Look at the world around us, and it's easy to see: **It's all about laying strong groundwork**.

Tall skyscrapers start with small but sturdy foundations.

Lush forests thrive because of microscopic plants and organisms.

The most vibrant paintings are created from just three primary colors.

We see the power of resilient roots over and over again.

## Roots drive growth, but they also drive healing.

Even if a plant is damaged, that plant can bounce back if its roots are intact.

We at KVC have our resilient roots to thank for the connections and growth we're cultivating today.

We celebrate the foundation-building team members, dedicated donors and supporters, and all who've brought our mission to life.



## At KVC, we know everyone needs *connection*.

And just like our first small connections brought us to where we are today, **our roots are cultivating a brighter-than-ever future**.

We're working to be a catalyst for ending suicide.

We're working to safely reduce the number of kids entering foster care by 50%.

We envision a world in which every person is safe and connected to a strong family and a healthy community.

And as KVC continues to grow, we're building on our strong heritage and fortifying the communities we serve.

Our tomorrow is so full of promise because of your support and our resilient roots.

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#### Dear KVC Friends,

While KVC has become a national leader in child and family wellbeing, the heart of our work remains simple and local: **it's about helping people.** We began as a group of families and friends moved to help specific children who were in need. As we've grown, **we've continued to be anchored by resilient roots – people like you who care about their neighbors and connect with like-minded friends** to make sure every child is safe, supported and loved.

This year, the KVC family has grown again. We welcomed 800 employees from St. Louis, MO-based Great Circle into our organization, and we're honored to carry Great Circle's mission forward. We also announced a joint venture with Children's Mercy Kansas City to open a new 72-bed, world-class, inpatient mental health hospital in Olathe, KS. Meanwhile, we've continued deepening our partnerships and reach in Kentucky, West Virginia, and Nebraska.

With this 2023 Impact Report, we want to thank you for your support and show you the incredible difference you're making through KVC. **During fiscal year 2023, we:** 

- Strengthened over 13,000 families, helping parents create safe, loving homes.
- Prevented child abuse and neglect by stabilizing families in crisis and supporting families to care for nearly 5,000 children in foster care.
- Helped people achieve mental wellness through our 4,688 youth admissions to our acute children's mental health hospitals and residential programs and over 35,000 people served with other mental health services.

In total, KVC Health Systems' local teams made a positive difference in over 74,000 people's lives this past year.

With gratitude,

John Barnes Board Co-Chair

Jason Hooper President and CEO

B. Wayne Sims Board Co-Chair and Past CEO

Our Vision:

At KVC, we envision a world in which every person is safe and connected to a strong family and a healthy community.

Our Mission:

We work to enrich and enhance the lives of children, adults and families through medical and behavioral healthcare, social services and education.

Our Why:

We all need connection.



people positively impacted by KVC this year

We strengthen families.

KVC provides a broad continuum of care that creates a path toward hope and healing through **crisis management, in-home therapy, skillbuilding, and connecting family needs with community resources.** Our family strengthening programs aim to help families remain safely together, prevent children from entering foster care whenever safely possible and improve family relationships. When reunification isn't an option, we connect children with loving forever families through adoption.

3,653

Children safely prevented from entering foster care by helping their parents overcome challenges

22,625

Children & adults benefited from our in-home services, such as family therapy, behavioral healthcare and skill-building



Children matched with loving adoptive families this year

6,580

Children matched with loving adoptive families in KVC's history

### Visit kvc.org/adoption

to meet children in need of forever families.

13,525

Families strengthened

We prevent child abuse and neglect.

Foster care provides a safe, nurturing environment that gives a child's birth family an opportunity to resolve conflicts and learn healthy skills so the child can safely return home. KVC recruits, trains and supports compassionate adults to serve as foster parents. These individuals ensure that children receive the nurturing, support and education they need to thrive, and play an important role in helping children recover from trauma and/or neglect.



## 5,701

Foster caregivers trained or supported

# We help children and adults achieve *mental health wellness*.

KVC professionals across the nation provide mental health treatment to children, adults and families. We serve clients with a range of mental health or psychiatric disorders, as well as those dealing with substance use challenges or the effects of traumatic stress. KVC provides a place of belonging and care to help our clients thrive.



Children and adults received in-home therapeutic support



Residential and acute youth admissions across all KVC locations



**Camber Children's Mental Health is the Midwest's leading regional provider of children's mental health services** with a network of nonprofit hospitals and residential treatment centers in Kansas City, Wichita and Hays. Camber has spent over 30 years developing and enhancing innovative therapies to help thousands of children live more balanced, healthy and resilient lives.

Camber's dedicated team works closely with families and outpatient providers to develop individualized safety plans to ensure a smooth transition and continued success after a child's stay. Our personalized approach helps provide a successful journey toward healing, empowering children and their families with therapeutic tools, skills and education.



Expressive therapy sessions provided

11,456

Individual therapy sessions provided



Youth admissions treated at our mental health hospitals and residential treatment centers

95%

of guardians report feeling prepared to care for their child's needs post-discharge

Atomic



Camber expanded services in Hays, KS in 2023 with a newly renovated hospital and residential treatment center. We're proud to be increasing our capacity to serve more people experiencing a mental health crisis through a joint venture partnership with Children's Mercy Kansas City to open a new hospital serving children and adults in Olathe, KS in 2024.

## **Diversity, Equity, Inclusion** & Belonging at KVC

At KVC, it's a core value that diverse • Addressing racial disparities in perspectives are key to our success, and fostering a sense of belonging for all is deeply rooted in our culture. We recognize that diversity, equity, inclusion, and belonging (DEI+B) are essential to serving families, engaging teams and creating sustainable growth.

Some of our continuing efforts to deepen DEI+B across our organization include:

 Administering our first Inclusion Survey with 753 employees participating

- the foster care and child welfare system
- Actively recruiting diverse professionals to the KVC team
- Educating communities about the mental health needs of LGBTQIA+ individuals and sharing resources
- Training all KVC team members on DEI+B
- and more!

>> kvc.org/diversity





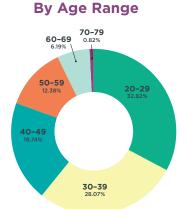
**KVC Employees** 

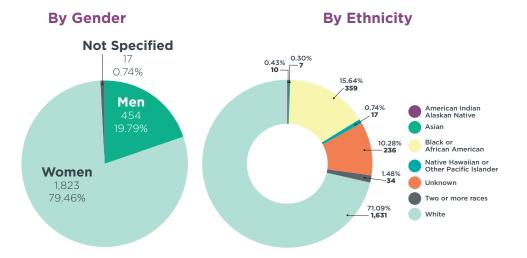
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By The Numbers

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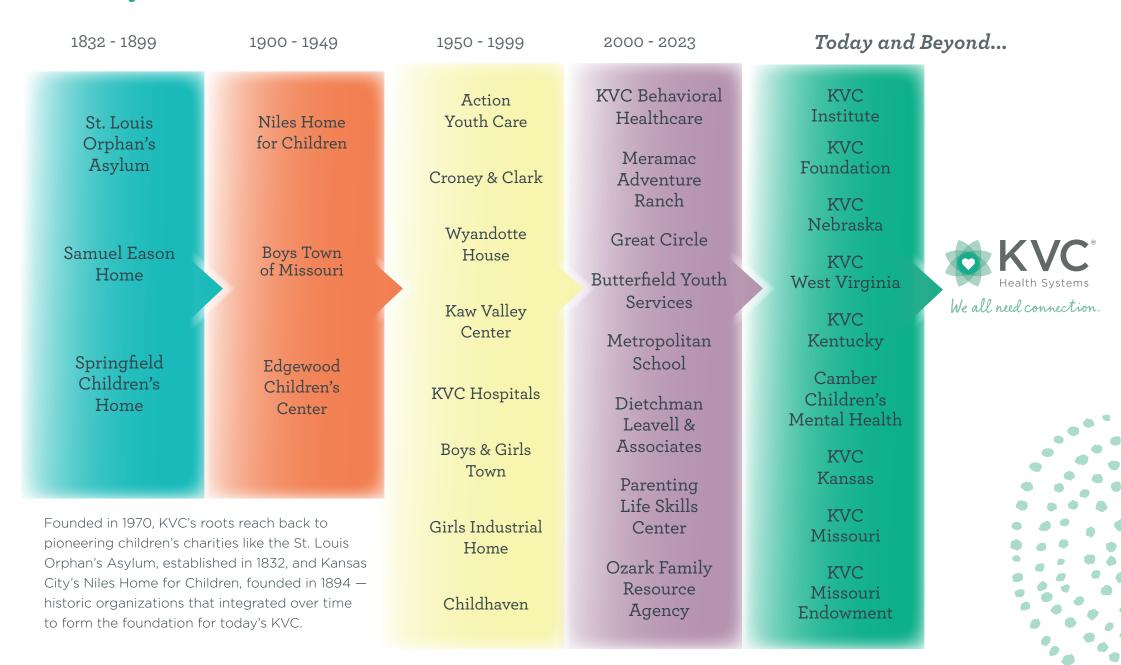
HELPING YOUTH & ADULTS ACHIEVE MENTAL WELLNESS.

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## Roots of Resilience: Cultivating connections for the future



### Collectively, we have positively impacted over 907,000 people's lives in our history!

## FY23 Impact at a Glance

### **National Impact**

4,338	people served and positively impacted by KVC
13,525	families strengthened
409	children matched with loving adoptive families last year
6,580	children matched with loving adoptive families in our agency's history
4,849	children in foster care were cared for by relatives and

- 22,625 children and adults supported with in-home therapeutic services
- 4,688 admissions at our children's mental health hospitals

### Nebraska

### **goal weight and adults positively impacted**

- 401 youth cared for by KVC foster families
- 28 youths adoptions facilitated

foster families

- 5% individuals with developmental and/or intellectual disabilities were served in KVC supported Shared Living Provider homes
- 41 children safely reunified with their families
- 188 youth from 81 families benefited from in-home family support
- 32 families served in clinical services
- 27 youth exiting foster care received school and home based support services

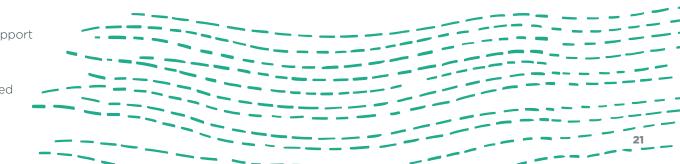
### Kansas

### *13,887* children and adults positively impacted

- *879* children and adults served in family strengthening programs that safely prevent foster care
- 309 children reunified with their 209 families after foster care
- 3,573 relative caregivers and foster parents trained to care for children in crisis
- 227 children matched with loving adoptive families
- 1,082 children in 826 families received aftercare support following a safe family reunification or adoption
- 2,940 children cared for by relative caregivers or foster families
- 1,106 children and adults received outpatient mental and behavioral health services

### West Virginia

- 581 children cared for by 235 foster families
- 169 children safely reunified with their families after foster care
- 63 children matched with loving adoptive families
- 421 children and adults received in-home support
- 201 children supported in their home communities through Safe at Home WV



## FY23 Impact at a Glance

### Missouri

- 8,886 children's and adult's lives positively impacted
- *1,540* people served through community-based services that strengthen families and support mental wellness
- 575 youth received children's mental health support in residential treatment
- 445 students learned at our K-12 therapeutic schools
- 2,475 individual therapy sessions provided to children
- 4,741 expressive therapy services provided to children
- 534 hours of training provided to foster parents statewide
- *924* children cared for in foster care, including both by relatives and foster families
- & children's adoptions finalized

### Kentucky

- 8,210 children received family preservation services aimed at safely preventing the need for foster care
- 94.91 of children safely remained with their families after receiving family preservation and reunification services
- 2,655 children safely prevented from entering foster care
- *3,432* children in *1,841* families were served through our innovative Jefferson County child welfare services partnership with the state
- 1,286 children and adults benefited from behavioral health services
  - *19* youth received substance use treatment



## **KVC** Foundation

### Dear Friends of the KIC Foundation,

In March, the movie *Everything Everywhere All at Once* won Best Picture at the Oscars. It's a fantastical movie that shows mental health challenges through a unique, multiverse lens. In addition to raising awareness and decreasing stigma around mental health topics, the title lends itself rather well to KVC's activity this spring.

With perseverance and outstanding public and private support, Camber (formerly KVC Hospitals) opened a new children's mental health hospital and residential treatment center in Hays, Kansas. With data from the Center for Healthcare Quality and Payment Reform showing half of the rural hospitals in Kansas at risk of closing, KVC and Camber doubled-down on their commitment to rural mental healthcare. Camber opened the doors in February.

*In April, KVC took a significant step forward with the addition of Great Circle to the KVC Missouri family,* bringing together our collective strengths, expertise, and resources to amplify our impact and reach across Missouri. We're eager to scale strengths in Autism and Education Services, while we plan how to increase acute psychiatric inpatient care for Missouri youth.

*In June, KVC Health Systems broke ground on a new joint venture hospital with our partner, Children's Mercy Hospital.* Together, we've secured lead gifts from the generous Sunderland Foundation and the SPARK Committee of the State of Kansas. We're eager to secure the remaining funds to complete our \$53 million campaign to open this new 72 bed (48 youth, 24 adult) mental wellness campus in Olathe, KS in fall of 2024.

None of these achievements would have been possible without the unwavering support of our donors. Together, we raised more than \$10 million dollars in gifts (excluding Olathe project) and pledges from over 42 states and 2 countries. This remarkable show of support is a testament to the incredible communities we call home. Every dollar, holiday meal, backpack full of school supplies, and warm blanket donated is a symbol of hope, a lifeline for families, and a catalyst for transformation.

## Our journey is far from over, and together, we can shape a future where every person is safe and connected to a strong family and a healthy community.

We are honored to have you as part of the KVC family, and we look forward to what this new year brings!

With warm regards,

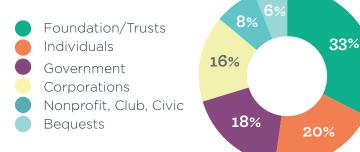
Jula C. meidel

Paula Meidel, Chair – KVC Foundation

## KVC Foundation received contributions from

42 states and 2 countries Canada & Norway

### Source of Grants and Contributions



## KVC Foundation Board

B. Wayne Sims Retired; Executive -KVC Health Systems

John Barnes Retired; Former President -Sysco Kansas City

David F. Ball President and CEO -Balls Food Stores

Jason Hooper President and CEO-KVC Health Systems

Michelle Lawrence President - KVC Foundation Melissa Beltrame Marketing Director -NBKC Bank

Evan Howe President -Baystone Financial Group

Paula Meidel, Board Chair Field Sales Representative -Google

Nicole Stuke Philanthropic Advisor -Greater KC Community Foundation

Kathy Woodward Commercial Real Estate Broker -DDI Commercial

### KVC Regional Advisory Boards/Councils

### Kansas City Region

Raisa Akram Greater Kansas City Community Foundation

Diane Ball Community Volunteer

Dave Blankenship Community Volunteer

Mike Comer J. E. Dunn Construction

Thomas C. Evans Netsmart

Marva Harper Community Volunteer

Kara Hess Dazium Design Solutions

Jenny Howard Virtus

Monique N. Johnston, Ph.D. Youth Ambassadors, Inc.

### Central MO Region

Aric Bremer Zimmer Radio & Marketing

Glen Ehrhardt Rogers, Ehrhardt & Weber, L.L.C.

Logan W. Smith Veterans United

Pam Conway Cradle to Career Alliance

Jay MacLellan Shelter Insurance

Rebecca Horstmann. Central Bank of Boone County Gina Lindell Enterprise Fleet Management

Stephanie Prell Garmin

Don Ransdell

Pastor LaRon Thompson Paseo Baptist Church

Jack Tobin Stone Creek Midwest

Laura J. Treas AffirmaWear

Jennifer Utting, Regional Board Chair WellSky

Richard A. Webdell, Board Chair Emeritus OneDigital

**Stacy Murphy** Blue Cross and Blue Shield of Kansas City and Spira Care

The Bank of Missouri

Cracked Up Mobile

Flat Branch Home Loans

Grand Cru Restaurant & Grill

The Columbia Foundation

Retired: University of Missouri -

School of Health Professions

Mikel A. Fields

Laura Kogut

Mariel T. Liquett

Alfredo Martin

Kay Wheeler

### Eastern MO Region

Debora Audiffred Retired; Community Volunteer

Scott Gill Pohlman Reporting Company

Mary Ann Hunzeker LinWatCo Inc.

**Cindy Munich** *Retired; Community Volunteer* 

John Munich Stinson Morrison Hecker LLP

Michele Pappert Lockton Companies of St. Louis

Anne Stupp Retired; Casa Bella Interiors

Keith Wenk Edward Jones

#### South Central MO Region

Brenda Dempsey Juice Plus

Austin Mace Mace Supermarket

Randy Mace Mace Supermarket

Jack Maher Colton's Steakhouse

Jonathan Rapp St. James Branch -Phelps County Bank

**Tim Wilson** Forest City Healthmart

Michael Woessner Investment Realty Inc.

### Southwestern MO Region

Paula Adams PENMAC

**Teri Cantwell** *Central Bank of the Ozarks* 

Jeffrey Frye Jim Hutcheson Realtors Inc.

Laura Gates Transland Inc.

Alexandria Greiwe Habitat Communication & Culture

Drew Hilpert City Utilities of Springfield

Cassandra Jones Keller Williams

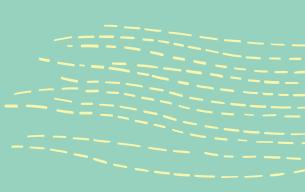
Chase Marable Connell Insurance

Byron Pierce UMB Bank

Eric Reece Springfield Police Department

Gretchen Russell KPM CPAs

Matthew Saurez Central Trust & Investment Company



Susan Daly

Board of Directors

B. Wayne Sims, Co-Chair Retired: Former KVC Health Systems CEO

John Barnes, Co-Chair Retired: Former President -SYSCO Kansas City

Patrick Desbois EVP, Garmin International, Inc.

Teresa Markowitz President/CEO Case Commons

William H. Dunn, Jr. Retired: J.E. Dunn Construction Advisor at Campione Interior Services

Jason Hooper President and CEO -KVC Health Systems David F. Ball President and CEO, Balls Food Stores

Bill Self Head Basketball Coach -University of Kansas

Peggy Gordin Retired; Former CNO - St. Louis Childrens Hospital; Sr. Strategy Consultant BJC Healthcare

**Ted Armstrong** Retired; Former CFO -Angelica Corporation



Jason Hooper, M.S.W. President & Chief Executive Officer

**Erin Stucky,** L.S.C.S.W. *Chief Operations Officer* 

Chad E. Anderson, L.S.C.S.W. Chief Clinical Officer

Lonnie Johnson Chief Information Officer

Sherri Lohe - Chief Financial Officer

**Cheryl Marquardt,** J.D. *General Counsel* 

Robert (Bobby) Eklofe, M.H.S.A. President - Camber Children's Mental Health

**Lindsey Stephenson,** L.S.C.S.W. *President – KVC Missouri* 

Dr. Linda Bass, L.C.M.F.T. President – KVC Kansas

**Gina Klyachkin,** M.S.W., L.C.S.W., L.I.C.S.W. President – KVC Kentucky

Ashley Brown, L.C.S.W. President - KVC Nebraska

Brent Lemon, L.C.S.W., L.I.C.S.W. President – KVC West Virginia

Michelle Lawrence President – KVC Foundation

**Renny Christian Arensberg,** M.A. Executive Vice President of Employee Engagement - KVC Health Systems

Jenny Kutz, M.B.A. Executive Vice President of Marketing & Communications -KVC Health Systems

**Erik Nyberg,** M.H.S.A. *Executive President of Technology* 

Kimberly O'Connor-Soule, L.S.C.S.W Executive Vice President of Inpatient Services - KVC Health Systems **Ven Rao,** S.P.H.R., S.H.R.M-S.C.P., L.S.S.B.B. *Executive Vice President of Human Resources - KVC Health Systems* 

Tabetha Vance Executive Vice President of Finance -KVC Health Systems

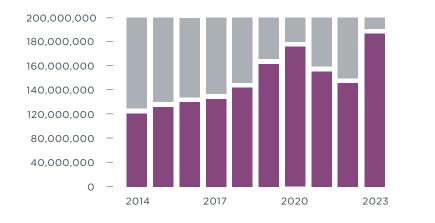
See full leadership team at kvc.org/leaders



## Financials

### 2023 KVC Health Systems and Subsidiaries

#### **Operating Revenue**



#### **Operational Expenses**



Program Expenses

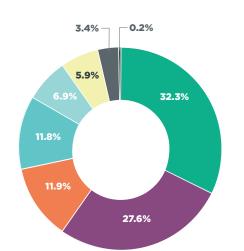


Administrative Expenses





KVC Kansas	32.3%
<ul> <li>Camber Children's Mental Health</li> </ul>	<b>27.6</b> %
🛑 KVC Missouri	11.9%
KVC Kentucky	11.8%
🛑 KVC Nebraska	6.9%
🛑 KVC West Virginia	5.9%
KVC Foundation	3.4%
KVC Health Systems	0.2%



At KVC, we envision a world where every child is safe and connected to a strong family and a healthy community.

## If that vision moves you, take action !





**Give online** 

Your gift builds connections that help families thrive. Visit **kvc.org/donate.** 



### **KVC'S Holiday Heroes Program**

KVC's Holiday Heroes Program makes the holidays brighter for the youth we serve. Provide presents, gift cards or monetary donations. Go to **kvc.org/holidayhero** to learn more.

### KVC Gala

Are you in the Kansas City area? Sponsor and attend our annual Gala in Spring 2024. Have a great time for a great cause! Visit **kvc.org/gala** 

### Becor

#### **Become an Everyday Hero**

Commit to a recurring monthly donation and know you're making a difference to children and teens in need all year long. Learn more at **kvc.org/everydayhero**.

### Include KVC in your estate planning

Leave a legacy of love by adding KVC to your will. Adding one simple sentence to your will has the power to change a child's life forever. Get started today at **kvc.org/plannedgiving** 



### Become an advocate for children & families

<sup>2</sup> Learn more about the children and families we serve and share with others by following KVC on social media. Find us under **KVC Health Systems** on **Facebook**, **LinkedIn** and **YouTube**, and **@kvckids** on **X** (formerly Twitter) and **Instagram**.

## KVC Health Systems

21350 W. 153rd Street | Olathe, Kansas 66061 | (913) 322-4900 | kvc.org



NATIONAL COUNCIL for Mental Wellbeing



