

Media FACT SHEET



We all need connection.

We are pleased to provide the information below to answer commonly asked questions about Camber Mental Health as well as the Children's Mercy + Camber Mental Health Wellness Campus, highlighting the critical need for these services. Please contact **Christina Santiago** for more information or interview requests at **csantiago@kvc.org** or **913-415-1219**.

Who is Camber Mental Health?

- ▶ Camber Mental Health is a nonprofit organization serving thousands of children, teens and adults who are struggling with depression, anxiety, suicidal thoughts, self-harm, the impacts of trauma, and other mental health disorders.
- ▶ We provide inpatient hospitalization and residential treatment for youth (ages 6-18) at locations in Kansas City, Wichita and Hays, Kansas. Our Children's Mercy + Camber Mental Health Wellness Campus in Olathe, Kansas offers inpatient care for both youth and adults in fully separate units.
- ▶ Children's Mercy and Camber Mental Health partnered to open a state-of-the-art 72-bed mental health hospital in Olathe, Kansas, expanding inpatient pediatric and adult mental health treatment capacity and access in the greater Kansas City area and across the region. The hospital opened in December 2024.
- ▶ Camber is the leading provider of children's mental healthcare regionally, nurturing health and wellness for kids and families through inclusive, trauma-informed treatment.
- ▶ For more than 30 years, Camber has provided a healing space for more than 48,000 youth admissions with innovative, neuroscience-based treatment approaches that help heal the entire family unit.



What types of mental health conditions do you treat?

- ▶ We treat many types of common disorders. This most often includes, but is not limited to:
 - ADHD
 - aggression
 - anxiety
 - autism spectrum disorder
 - bipolar disorder
 - depression
 - disruptive behavior disorders
 - disruptive mood dysregulation
 - OCD
 - PTSD
 - self-harming
 - substance use
 - suicidal thoughts

Why is access to youth and adult mental health treatment so important?

Research shows that mental health conditions such as depression, anxiety, substance use disorders and ADHD are becoming more common, and more people than ever are having serious thoughts of suicide.

- ▶ **20% of Kansas youth had a major depressive episode in 2024** and the number of youth who had at least one episode in the past year **increased by 7,000.**

(<https://mhanational.org/issues/state-mental-health-america>)

- ▶ **Suicide is the second leading cause of death for people ages 10–34 in Missouri.** In 2024, 14.3% of youth ages 12–17 in Missouri had serious thoughts of suicide.

(https://dmh.mo.gov/sites/dmh/files/media/pdf/2024/05/sr2024-section-a_0.pdf)

- ▶ In 2024, **24% of adults in Kansas reported having a mental illness.** More than 116,000 Kansans had serious thoughts of suicide.

(<https://mhanational.org/issues/state-mental-health-america>)

- ▶ **1,248,000 adults in Missouri have a mental illness.** This ranks Missouri 42nd in the country for adult mental illness prevalence. Missouri's suicide rate is higher than the national average.

(<https://mhanational.org/issues/2024/mental-health-america-adult-data>)



What impact does Camber have on mental health in the communities it serves?

- ▶ As the pioneer of trauma-informed mental healthcare models in the region, Camber has spent three decades developing and enhancing innovative therapies to help clients live more balanced, healthy and resilient lives.
- ▶ Camber provides more inpatient mental health admissions for children than any other provider in our region.
- ▶ To expand our reach and impact, we have recently opened the Children's Mercy + Camber Mental Health Wellness Campus in Olathe, Kansas, providing inpatient care for both children and adults.
- ▶ As a bridge to wellness, we are committed to serving as a resource for the families, healthcare professionals, school districts, mental health providers, and other partners seeking our help. We provide training, webinars, and free continuing education units for thousands of community professionals.

What types of mental health treatment does Camber provide?

- ▶ Our inpatient hospitals are dedicated to supporting children, teens and adults during mental health crises, providing immediate therapeutic care to stabilize and address the root causes of their behaviors or emotions. The goal is to help them transition home as soon as safely possible to continue receiving outpatient services in their community.
- ▶ Our residential treatment centers serve youth (ages 6 to 18) who are not actively in a mental health emergency but are experiencing ongoing challenges with their wellbeing and haven't found improvement with outpatient services. This involves teaching emotion regulation and coping skills they can apply to everyday life upon returning home.

For more information, visit cambermentalhealth.org

