

Understanding Inpatient vs. Residential Care at Camber Mental Health



Camber®
Mental Health
KVC HEALTH SYSTEMS

We all need connection.

Inpatient Treatment (Acute Hospitalization)

- **For:** Youth (ages 6-18) experiencing mental health emergencies such as depression, anxiety, suicidal thoughts or the impacts of trauma.
- **Goal:** Provide short-term care to stabilize symptoms and ensure a safe transition home with a plan for ongoing care in an outpatient setting.
- **Care Includes:**
 - 24/7 Medical supervision & support.
 - Immediate psychiatric care & medication management.
 - Individual, family and group therapy.
 - Education on emotional regulation & coping skills.
- **Average Length of Stay:** Four to seven days.
- **Discharge Planning:** Coordinated follow-up care with outpatient therapy, support groups and case management.



Residential Treatment

- **For:** Youth (ages 6-18) who are not in an active emergency but have not improved with outpatient treatment and need long-term mental health care in a structured setting.
- **Goal:** Intensive clinical services with multiple opportunities to practice emotional regulation and coping skills, helping youth transition successfully back to their community.
- **Care Includes:**
 - 24/7 supervision & therapeutic support.
 - Individual, family and group therapy.
 - Psychiatric care & medication management.
 - Accredited alternative schooling at Camber Academy (grades K-12) with credit-earning opportunities.
- **Average Length of Stay:** 60-90 Days
- **Discharge Planning:** Step-down care with continued therapy, educational services and support.

**Get the
Support You Need**

Not sure which option is best?

Call the Camber Mental
Health Admissions team at
(913) 890-7468
to discuss care options.

Our Network of Locations

KANSAS CITY

4300 Brenner Dr.
Kansas City, KS 66104

OLATHE*

21277 W. 153rd St.
Olathe, KS 66061

WICHITA

1507 W. 21st St. N.
Wichita, KS 67203

HAYS

3000 New Way Blvd.
Hays, KS 67601

WEBSTER GROVES**

400 North Rock Hill Road
Webster Groves, MO 63119

cambermentalhealth.org

*In partnership with Children's Mercy

**In partnership with St. Louis Children's