

Media FACT SHEET



Camber®
Mental Health
KVC HEALTH SYSTEMS

We all need connection.

We are pleased to provide the information below to answer commonly asked questions about Camber Mental Health highlighting the critical need for these services. This includes the Children's Mercy + Camber Mental Health Mental Wellness Campus and St. Louis Children's and KVC Health Systems Youth Mental Health Care. Please contact **Christina Santiago** for more information or interview requests at csantiago@kvc.org or **913-415-1219**.

Who is Camber Mental Health?

- ▶ Camber Mental Health is a nonprofit organization serving thousands of children and teens who are struggling with depression, anxiety, suicidal thoughts, self-harm, the impacts of trauma, and other mental health disorders.
- ▶ We provide inpatient hospitalization and residential treatment for youth (ages 6-18) at locations in Kansas City, Olathe, Wichita and Hays, Kansas.
- ▶ Children's Mercy and Camber Mental Health partnered to open a state-of-the-art 72-bed mental health hospital in Olathe, Kansas, expanding inpatient pediatric mental health treatment capacity and access in the greater Kansas City area and across the region. The hospital opened in December 2024.
- ▶ St. Louis Children's and KVC Health Systems have joined together to provide four levels of care at the KVC Missouri Children's Mental Wellness Campus in Webster Groves, MO. This collaboration includes a 77-bed inpatient and residential care hospital and an intensive outpatient treatment center, opening in late 2026.
- ▶ Camber is the leading provider of children's mental healthcare regionally, nurturing health and wellness for kids and families through inclusive, trauma-informed treatment.
- ▶ For more than 30 years, Camber has provided a healing space for more than 48,000 youth admissions with innovative, neuroscience-based treatment approaches that help heal the entire family unit.



What types of mental health conditions do you treat?

- ▶ We treat many types of common disorders. This most often includes, but is not limited to:
 - ADHD
 - aggression
 - anxiety
 - autism spectrum disorder
 - bipolar disorder
 - depression
 - disruptive behavior disorders
 - disruptive mood dysregulation
 - OCD
 - PTSD
 - self-harming
 - substance use
 - suicidal thoughts

Why is access to youth mental health treatment so important?

Research shows that mental health conditions such as depression, anxiety, substance use disorders and ADHD are becoming more common, and more people than ever are having serious thoughts of suicide.

- ▶ **20% of Kansas youth had a major depressive episode in 2024** and the number of youth who had at least one episode in the past year **increased by 7,000.**

(<https://mhanational.org/issues/state-mental-health-america>)

- ▶ **Suicide is the second leading cause of death for people ages 10–34 in Missouri.** In 2024, 14.3% of youth ages 12–17 in Missouri had serious thoughts of suicide.

(https://dmh.mo.gov/sites/dmh/files/media/pdf/2024/05/sr2024-section-a_0.pdf)

What impact does Camber have on mental health in the communities it serves?

- ▶ As the pioneer of trauma-informed mental healthcare models in the region, Camber has spent three decades developing and enhancing innovative therapies to help clients live more balanced, healthy and resilient lives.
- ▶ Camber provides more inpatient mental health admissions for children than any other provider in our region.
- ▶ To expand our reach and impact, we have recently opened the Children's Mercy + Camber Mental Health Mental Wellness Campus in Olathe, Kansas, providing inpatient care for both children and teens.
- ▶ As a bridge to wellness, we are committed to serving as a resource for the families, healthcare professionals, school districts, mental health providers, and other partners seeking our help. We provide training, webinars, and free continuing education units for thousands of community professionals.



What types of mental health treatment does Camber provide?

- ▶ Our inpatient hospitals are dedicated to supporting children, teens and adults during mental health crises, providing immediate therapeutic care to stabilize and address the root causes of their behaviors or emotions. The goal is to help them transition home as soon as safely possible to continue receiving outpatient services in their community.
- ▶ Our residential treatment centers serve youth (ages 6 to 18) who are not actively in a mental health emergency but are experiencing ongoing challenges with their wellbeing and haven't found improvement with outpatient services. This involves teaching emotion regulation and coping skills they can apply to everyday life upon returning home.

For more information, visit cambermentalhealth.org

